

Summer hours
Mon-Fri 6am-8pm
Saturday 8am-5pm
Sunday 9am-4pm

July 2018 Pool Calendar

Kathy Cesta, Aquatics Manager
 Flat Rock Community Center One Maguire,
 Flat Rock, Michigan 48134
734-379-1450

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Lap/fitness 9a-11a Open 11a-4p	2 CLOSED	3 Lap/fitness 6a-9:45a Open 10a-8p	CLOSED 	5 Lap/fitness 6a-9:45a Open 10a-8p	6 Lap/fitness 6a-9:45a Open 10a-8p	7 Lap/fitness 8a-10a Open 10a-5p
8 Lap/fitness 9a-11a Open 11a-4p	9 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-5:45p Tri Training 6p-7p Open 7:15-8pm	10 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	11 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-5:30p 5:45p-6:15p lesson \$3 open 6:30p-8p	12 Lap/fitness 6a-9:45a Lesson/ aqua 10a-12:45p Open 1p-8p	13 Lap/fitness 6a-8:45a Lessons 9a-11:45a Open 12p-8p	14 Lap/fitness 8a-10a Open 10a-5p
15 Lap/fitness 9a-11a Open 11a-4p	16 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 1p-5:45p Tri Training 6p-7p Open 7:15-8pm	17 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	18 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-5:30p Lessons 5:45p-6:15p \$3 open 6:30-8P	19 Lap/fitness 6a-9:45a Aquacise 10a-10:50a Open 11a-8p	20 Lap/fitness 6a-8:45a Lessons 9a-11:45a Open 12p-8p	21 Lap/fitness 8a-10a Open 10a-5p
22 Lap/fitness 9a-11a Open 11a-4p	23 Lap/fitness 6a-9:45a Open 10a-5:45p Tri Training 6p-7p Open 7:15-8pm	24 Lap/fitness 6a-9:45a Open 10a-8p	25 Lap/fitness 6a-9:45a Open 10a-2:30pm Senior Olympics 2:30p-5:30p Open-5:30p-8p \$3 6:30p-8p	26 Lap/fitness 6a-9:45a Open 10a-8p	27 Lap/fitness 6a-9:45a Open 10a-8p	28 Lap/fitness 8a-10a Open 10a-5p
29 Lap/fitness 9a-11a Open 11a-4p	30 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-5:45p Tri Training 6p-7p Open 7:15-8pm	31 Lap/fitness 6a-8:45a Lesson/ aqua 9a-12:45p Open 1p-8p				