

Kathy Cesta,
Aquatics Manager
734-379-1450 #207

February 2012 Pool Calendar

Flat Rock Community Center
One Maguire Street
Flat Rock, Michigan 48134
Updated: 1-12-12

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Kathy Cesta, Aquatics Manager</p> <p>734-379-1450 ext207</p>	<p>Flat Rock Community Center 1 Maguire Street Flat Rock, MI 48134</p>		<p>1</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-4p Open Swim *1-2p fitwell Lanes 1 & 2 4:15-7p Lessons LAP SWIM LANES 1-3 7:15p-9p \$2 Open Swim</p>	<p>2</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-12:15 arthritis Aqua 12:30-4p Open Swim LAP SWIM 4-5:15 LANES 1-3 4:15p-6p lessons 6:15-9p Open Swim</p>	<p>3</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9p Open Swim</p>	<p>4</p> <p>8a-9:15a Lap/Fitness swim 9:30a-12p Lessons</p> <p>12:15p-7:30p Open Swim</p>
<p>5</p> <p>9a-11a fitness/lap swim</p> <p>11a-5:30p Open Swim</p>	<p>6</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-5:45p Open Swim</p> <p>6p-7p Adult Aquacise 7:15p-9p Open Swim</p>	<p>7</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-12:15p arthritis Aqua 12:30-5:15 open swim 5:30-6:15 lessons 6:30-9pm Open Swim</p>	<p>8</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-4p Open Swim *1-2p fitwell Lanes 1 & 2 4:15-7p Lessons LAP SWIM LANES 1-3 7:15p-9p \$2 Open Swim</p>	<p>9</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-12:15 arthritis Aqua 12:30-4p Open Swim LAP SWIM 4-5:15PM LANES 1-3 4:15p-6p lessons 6:15-9p Open Swim</p>	<p>10</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9p Open Swim</p>	<p>11</p> <p>8a-9:15a Lap/Fitness swim 9:30a-12p Lessons</p> <p>12:15p-7:30p Open Swim</p>
<p>12</p> <p>9a-11a fitness/lap swim</p> <p>11a-5:30p Open Swim</p>	<p>13</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9p Open Swim</p> <p>NO Classes</p>	<p>14</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9p Open Swim</p> <p>NO Classes</p>	<p>15</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9p Open Swim</p> <p>7:15p-9p \$2 Open Swim</p> <p>NO Classes</p>	<p>16</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9p Open Swim</p> <p>NO Classes</p>	<p>17</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9p Open Swim</p> <p>NO Classes</p>	<p>18</p> <p>8a-11a Lap/fitness swim</p> <p>11am-7:30pm OPEN SWIM</p> <p>NO Classes</p>
<p>19</p> <p>9a-11a fitness/lap swim</p> <p>11a-5:30p Open Swim</p>	<p>20</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-5:45p Open Swim 11:15-12pm Adult lessons lane 1 & 2 6p-7p Adult Aquacise 7:15p-9p Open swim</p>	<p>21</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-12:15p arthritis Aqua 12:30-4:15 open swim 4:30-6:15 lessons 6:30-9pm Open Swim</p>	<p>22</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-4p Open Swim *1-2p fitwell Lanes 1 & 2 4:15-7p Lessons LAP SWIM LANES 1-3 7:15p-9p \$2 Open Swim</p>	<p>23</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-12:15 arthritis Aqua 12:30-4p Open Swim LAP SWIM 4-5:15 LANES 1-3 4:15p-6p lessons 6:15-9p Open Swim</p>	<p>24</p> <p>6a-9:45a fitness/lap swim</p> <p>10a-9 Open Swim</p>	<p>25</p> <p>8a-9:15a Lap/Fitness swim 9:30a-12p Lessons</p> <p>12:15p-7:30p Open Swim</p>
<p>26</p> <p>9a-11a fitness/lap swim</p> <p>11a-5:30p Open Swim</p>	<p>27</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-5:45p Open Swim 11:15-12pm Adult lessons lane 1 & 2 6p-7p Adult Aquacise 7:15p-9p Open Swim</p>	<p>28</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-12:15p arthritis Aqua 12:30-4:15 open swim 4:30-6:15 lessons 6:30-9pm Open Swim</p>	<p>29</p> <p>6a-9:45a fitness/lap swim 10a-11a Senior Aqua 11:15a-4p Open Swim *1-2p fitwell Lanes 1 & 2 4:15-7p Lessons LAP SWIM LANES 1-3 7:15p-9p \$2 Open Swim</p>			